



Date _____

Evaluation

You do not have to put your name on the evaluation, only if you want to. Please give the questions some thought. You may use your journals to assist you in answering the questions; the hero always utilizes his resources. Remember, there are no right or wrong answers . . .

1. A few common themes in myth are making sacrifices and meeting time limits. Please provide an example of how you incorporated this into your life.

1. Once when I had to walk to school because I was sick and I had miss the bus. I could of stad home but I was learning something new in my math witch I had now 1-2 an we had a test and if I was not in class I would of new how to do the last part of the test.
2. After school when I come home I do my homework instead of relaxing, watching tv and texting. I set that stuff aside.
3. I have sacrificed going to lift wieghts to go to watch my girl at a track meet.
4. I sometimes sacrifice money and other things to help those in need or to return favors.
5. I incorporated my time after school with homework and not going to the park and prioritizing my time with school first.
6. I use the concept of consequence in life in my mind mentally because I think before I do things and make sure doing it is worth the consequence, and I use time limit because I know that there is only a certain amount of time so you have to get yo shit done.
7. When I gave my lil cousin some money because he had to buy a calculator and I was going to use the money but he needed it more.
8. I incorperated this in my life by in certain situations by when things cum up I try to use the stories.
9. I incorporated this into my life as far as my homework goes. I learned if you don't complete a task within the assigned time you theoretically turn to stone or retard your progress toward graduation.
10. I make meeting time limits everyday in school projects or homework I dont have to make many sacrifices.

11. A sacrifice that I made was last week when I gave my mom 5 dollars that my grandma gave me, for gas.
12. I began to make sacrifices such as instead of going outside I finish some homework.
13. Learnin how to utilize the ability to make sacrifices and don't put ___ into time limits, helps everyday because its reflects in every myth. I sacrificed my lunch to finish this paper.
14. I sacrifice alot of things in life from not buying myself stuff and handling my responsibility.
15. A example is when I go to work if I have to be there at 4 I get there at 3:55.

2. Another theme is perseverance, where the hero will acquire a basic skill. What skill have you learned this year? This can be in the classroom or outside of the classroom.

1. In clasis I learned how not to get upset when someone says something to me, or jump in when I'm talking.
2. I learned to open up to people because they could help you and its good to get it out.
3. I have learned to sacrifice.
4. How to maintain focus and to stay in a straight line.
5. Using my time wisely. With my school work and putting school before fun and sports. This has reflected on my grades in school which have been improving weekly.
6. I have learned to sacrifice this year, I always make sure I go to group every tues. and not miss like last year. In school I do all my homework and I study more for test and I got honorole this year once when I really tried so it works. And I perservere evrytime I wake up and go to school, in sports when my team is losing bad and I still play hard.
7. How to watch what I say and how to listen to what people have to say to me.
8. A skill I have learn is concentrate for 40 minutes take a brake and keep the process going over and over again.
9. Hard work and humility. To do my work and don't get too cocky or arrogant.
10. To be more patient because before I entered alchemy I was always anxious.
11. I learned that homework is as simple as just doint it. Then after school every thing will fall into place.

12. I persevere through the stress from teachers and just stay positive.
13. I learned that kickin it in even when it feels like forever, will end up with the ending being victory.
14. I learned that sacrifices will pay off one day. By me being in school and getting done what need to be done will pay off.
15. Really paying more attention and picking my friends.

3. The hero is able to develop positive outside interest, be it sports, volunteering, reading, something that he does not normally spend his day doing. Have you developed any outside interest over the past year? If so, what was it?

1. Doing my homework at home, most of the time I do it in class.
2. Yes, working out after school.
3. Watching different t.v. shows and music, and fashion.
4. Joining other groups and bein involved with different things helping those in need.
5. Reading and writing skills have improved from the beginning of the year to now. Because I have learned that you can't get out of high school without acciauring these skills.
6. I always play sports and I read, but lately I have been skateboarding alot in my free time, I found this nice skateboard at the park nobody claimed it so I took it home and though it was faith and I should learn to ride it and thing to do get better, and now Im pretty good and it's a cool.
7. Taking the time to read the bible more.
8. What I have found myself doing is reding alot more and I am the type of person who doesn't like to read.
9. Yes, spoken word poetry.
10. Yes. Sports but I gotta keep my grades up.
11. Yes, a new interest in weight lifting.
12. Yes, in interest focusing more on football next year.
13. Sports like track and basketball and goals like being an artist and the passion of the piano and poetry.
14. I developed the positive interest by spending more time with family.

15. Yes I have telling the truth and getting threw my problems like a man.

4. The hero forms relationships with others such as peers, family and the community.

How have you accomplished this over the past year?

1. Me and my Ancle have patched thing up and now relationship wise we are cool.
2. I started being friendly and opening up to others.
3. Yes, with my girlfriend and her family.
4. Being more open with freinds and familys.
5. This has brought me closer to many other african american boys which can help me too suceed, and to have a help line or someone to go to if I was to need help.
6. Over the past year I have improve my relationship with my mom. I got closer to my older brother who been leaving us until he gets an apartment and I have good relation with my friends and my girls.
7. By talking to people everyday that I usually want to.
8. I have made myself a more talkative person as far as meeting new people I don't mind bein open to them.
9. I've become more involved in helping the women's shelter.
10. Yes I have strong bonds with my friend brothers.
11. Yes, I have gotten closer to my mom and also most people in my real family, my brief family.
12. I form relationships by talking to my dad more and now living with him.
13. I had a good relationship and cherished old friends while making new.
14. Yes! I start talking to more and different people friend.
15. Yes because I open up to more people.

5. The hero does not think of only himself, he is connected to something larger than himself. Over this past year, how have you sacrificed yourself for the benefit of others or for something larger than yourself?

1. I do not like staying in the house when it is hot, but I have to sacrifice me going outside from time to time so I miss out on a lot of fun stuff. I have to stay in the house because people come by and call my house all day so I have to stay to see who is coming by or calling.
2. Coming to Alchemy every Tuesday and listening because this stuff will help me.
3. I have played basketball with Isaiah to make him better.
4. Going to the weight room to not help only myself but my football team.
5. Making sacrifices for the group. Other students helping them get problems done and help with homework.
6. I sacrifice myself for the alchemy group and miss class to come. I sacrifice my free time and breath to play sports, I sacrifice my old clothes to give to my mom to give to a homeless organization for people who need it more than me.
7. None
8. In the past I have thought about a lot of situations and thought of the big picture and how would it help me and others.
9. Yes for alchemy and my brother. Mostly just time attention and work ethic were sacrificed.
10. If somebody need something I do without cuz I don't live to see people struggle.
11. Yes, I have stop trying get quick money by doing things illegal around the neighborhood.
12. Yes, by letting my brother use the car, sacrificed going over my dude.
13. Yes, I have always thought of others even before myself, now I'm realizing why.
14. I start thinking more about my son instead of just about me and thinking what I can do better.
15. Yes I have instead of me getting money from my grandma I let my cousins get it.

6. In the myth of the “killing virtue” the cub would measure his paw-print every day, in doing so he was planning; he was charting a safe course for himself. Please provide an example of how you charted a safe course for yourself over this past year.

1. I don't think that I have done that yet!
2. Working on my grades, trying to do something big with my life.
3. I am doing my work.
4. It's a chart mentally in my head so that I can stay focus accomplish the goals I want and to stay out of trouble.
5. Getting homework in because even if I don't get good test grades I still will be able to have passing grades.
6. Well Im been doing better in school so that I can possibly get into a better college and get a good job if I dont do noting with sports.
7. None
8. I charted my self by putting myself in good position to make good decision.
9. I've involved myself in programs to help me reach my overall goal and make my journey through high school easier.
10. Staying out of trouble- like I have'nt got suspended all year.
11. Just by being just focus only on important priority, such as school and track. By doing this my focus is off temptation and others around me.
12. I focus on my grades even more, study for the final.
13. How to pick friends that put on mask, that hides a person that will be a detriment later in life.
14. None
15. In basketball I _____ try to get better and better.

7. The hero often takes care of others. Please provide an example of how you have taken care of someone else this past year.

1. Over this year I have takein care of Aunt over spring break when she broke her hand so I had to help her get stuff and move stuff for her.
2. My aunt when she got real sick I would cook for her help her up and etc.....
3. I have helped my mom when she got suregury.
4. Ive taken care of myself I worry more about myself than I do others now.

5. My sister. Having to watch her when having something else to do but making sacrifices to help her.
6. Well I really just worry about me and take care of myself, but when I watch my little 12 year old sister and when I do I make sure if she hungry I make her continue to eat and if there isn't anything at the house to eat I will go buy her continue.
7. I've had to take care of my little cousins. Me taking care of my little cousins at the time was a relief for my aunts and fun time for my little cousins.
8. I have helped my mom out a lot with work around the house and also I have helped my grandma out.
9. I've taken care of my sister looking out for her and the things she's interested in.
10. By helping out my friends and looking out for them.
11. I have taken care of my little brother when my mom goes to the wellness center.
12. I lend my brother money so he can buy some more polos.
13. I take care of my cousin, he's a freshman and I'll have his back all through high school not because _____ to but because heart tells me I'm obligated too.
14. I have taken time to pay and buy things for my son. And I have bought my sister things and not myself.
15. My mother when she was sick I gave her and provided help with everything she needed.

8. The hero takes responsibility for his actions. Please provide an example of how you have taken responsibility for your actions this past school year.

1. In my English class we were put into groups and had our own work to do and I did what I was told to do.
2. When my grades were slipping in the beginning of the year, my aunt took my phone away until the midterm and my grades had to be good for me to get it back.
3. I have taken a detention for being late and I exceeded the punishment.
4. I've taken the responsibility to step up and to take charge of things I need and want in life other than relying on other people to do it for me.
5. Taking care of my work and making sacrifices to finish all my work and prioritizing.

6. Well last year when I got in trouble I argued and got mad and tried to get out of it this year I dont get mad and just take responsibility for what I did.
7. When I moved something and didn't put it back I had to take getting yelled at.
8. At times when I had made bad decision I had to pay the consequences.
9. All year anytime I got in trouble with the school, law, or at home and owned up to it and didn't blame anybody else for the mistakes I made.
10. I got in troulbe and instead of lying and saying I did'nt do it I just maned up and told it.
11. Ive gotten in trouble a couple months ago, and I deal with my consequence even tho they were severe.
12. I accepted that I had to pay this dude from a bet over the weekend.
13. I took the responsibility of the actions like realizing I swear too much and in my poetry and/or when I get angry. I apologize because poetry is my most purest way to express and anger is my most negetive way to express.
14. Anything I do I take my son _____ anything I do.
15. When I went to jail for aggervated robbery I manned up ask my older brothers for advise and they told me to tail the truth so I did they let me go.

9. When the hero stands at the crossroads he must make a decision. Decision-making is certainly a common theme in myth. How has being in Alchemy assisted in you making more informed decisions?

1. It open me up to other good an great dicisions that I can make when something happens
2. Well, before alchemy I would always cheat on test and skip classes but when I begin going to Alchemy I started studying and going to class.
3. I've thought about the quoates sometimes.
4. Its teaching me the harms and values of life so that when life does throw me obsacles I can move around them.
5. By just stopping and thinking about the consequences that takes place if something is not done or finish and then act.
6. I think about the decisions I make more and I think about the consequence of the action Im going to make and make sure the reward is worth it.

7. Alchemy has assisted me by making me think about the consequences of my actions, good or bad.
8. Ever since I ben in alchemy ive ben making informed decision and all the talk and the stories made me make alot of good decision.
9. I'm making wiser decision that will eventually benefit as opposed to just doing whatever not thinking of the out comes.
10. Gives me a better veewing on how to evaluate things.
11. By rejecting bad decision because I know if I get caught it will reflect badly upon the group. Such as skipping class after the meeting.
12. Make wiser decisions and control my temper.
13. Not going down a path with a wits end but go down a path with school which have gold at the end and poetry which expresses wisdom.
14. I start take all the right choices and better decision and right ones.
15. Because Alchemy I can express my self I build a relationship with Kwame and the rest of them I love them like family because I dont get that message from my family but I do with them.

10. In the myths the hero is often told that if he completes this one task he will be able to claim his prize. However, and we know in myth, there is always a however; the hero is then presented with another task then possibly another. This seems unfair yet the hero overcomes this unfairness. Over this past year how have you overcome what might have seemed to you an unfair situation?

1. Were in school I had three Fridays tha are two hours each, but I did nothing wrong, but I come to school late twice in a row but the problem is I have no ride home and I live far from the school.
2. When I got in trouble with one of my teachers they wrote me up and Mr. Borchik gave me 4 iss when I could of just had a detention because it wasn't that serious.
3. When my teacher gave me a bs asignment. I still did it but it wasn't fair cause it was really hard.
4. I just went threw it because I know in the end it will make me a better person.
5. I have overcome finishing projects with very little time because of days out from sickness and needed that grade badly so the project had to be exellent to help me in the long run.
6. Well right now I got to shair my room with my older brother and I dont really want him staying with us cause he really just trying to use my mom

for a place to live, but its her house so I cant do nothing about it realy. And I always get in trouble for doing somthing about unfair stuff so now I just try to get over it.

7. None
8. None
9. When the alchemy brothers down the brothers in my brother just because they don't like bro Sekou.
10. When my Grandma died I thought it was unfair because she was.....
11. Yes, such as just being with somebody who was doing the wrong thing and getting punished for it.
12. I wash the dishes even though it was my brother turn.
13. Its unfair how life throws up at you when you try to feed it yourself but I've healed and is prepared to be immune to the vomit.
14. When I'm at work my mangers, always tell me to do somebody elses side work when they did a half ass job.
15. When I went to jail I was looking at prison time I felt I was to giving.

11. The hero has to sometimes live with rejection, how have you lived with rejection over this past school year?

1. I've not yet had to deal with rejection!
2. I live with rejection because everyday I think about my dad and where he is, because he never was around when I was little.
3. Haven't been rejected.
4. Rejection far as skin color different races judge blacks by what they see blacks do.
5. Being mixed with white and black, and having to overcome the discrimination and racism that happens daily.
6. None
7. None
8. I have live with rejection by everytime I was rejected I just kept on pusing harder for my goals.
9. A lotta people don't like how I act or who I am around school so they reject me but I refuse to change to appease them.

10. When I get rejected by a female you move on and keep livin.
11. I lived with rejection with this female I love who I was tryin to persue rejected our longevity.
12. When my teacher said I couldnt turn in a late assignment.
13. I exept relation rejection and rejection with my logics but I keep living because I know there will be rejection, it hurts but ignorance to pain is very bliss.
14. Sometimes when Im around certain people I feel like I dont belong and feel rejected cause I dont belong and when I go to stores sometime people give me a look as if I dont belong.
15. Being a black man in a white environment.

12. How has being in Alchemy, Inc. assisted in your growth over the past year?

1. Being in alchemy had my mind grow with what I am doing in my life.
2. Because I'm more serious now bout school and I try to use the myths in my everyday life.
3. I've thought of the storys throughout this year in different situations.
4. Make me feel more mature and stronger it gives me feeling that watever I want I can do it if I put my mind to it.
5. Alchemy has assisted me in my growth over the past years because highschool was something new and I needed sources of help to help me through problems.
6. It helps me understand things better and make better decisions in my life. Basically it help me improve my character.
7. None
8. It help me out a lot cause of the stories and decision making.
9. Helping me understand concepts I previously couldn't concieve, the ___ of myth helped me relate and look at said concepts from a different angle.
10. Better understanding for things I have to face.
11. In make me look at different thing different. Look a thing with a different _____.
12. It made me look at everyday situation different.

13. Help me with the values of growth, which is respect, perseverance, sacrifice etc. and I'm growing into a wise person.

14. Being in Alchemy made me become a much better kid overall in life. I can talk to Kwame about anything that's on my mind. Some of the myths they tell me I relate to throughout my life and I always put myself in that position of the hero.

15. Helped me think about other young people and making real and true sacrifices.

13. If you had to describe our group sessions in one word, what would that word be?

1. Information

2. Perfect

3. cool

4. Life changing

5. needful

6. crucial

7. insightful

8. great

9. Influential

10. brotherhood

11. Success

12. Helpful

13. parenting

14. Reliable

15. healthy

14. Any additional comments:

1. Thanks for everything you did for me.

3. I like it and I want to go to the camp and have it more next year.

4. In some situations don't just be quick to give everybody things, make them sacrifice more for what they want. Other than that, this is a great group

5. I think alchemy should be continued and spread because it is a great program

6. Just to thank Kwame and the rest of the grown ups who spend they time which is very important to come and help us to try to better are-self's.

11.I love to go in thes atmosphere peers that love to have fun. I appreciate this opportunity.

12.Thank you

13.great group: hope it stay around after years and the leadership will be past down so the mentor can mentor their generation.

14.I love being a part of Alchemy when Im in da circle I feel like Im the leader of the group. I can talk to Kwame and top certain people in the group about things and about how I feel a couple of people in the groupe I just cant trust thats why I dont talk about things going on in my life. Cause when ever you say "what is said in this room stays in this" don't _____ stay in the room. Kids in are group sometimes put on a front while in the groupe but outside the groupe they don't show what they learned.

15.This program has been helpful to me and condusive

Thank you . . . your good deed will not go unnoticed, for one good deed deserves another!!!