

## *Myth, Muses & Scribes*

### Comments, Remarks, Reflections 2/20/10 Workshop

*The emails below were addressed to "Kwame", but they are meant for everyone who was present to assist, even those who were not present but who spent countless hours [pro bono] behind the scenes working to make this happen.*

---

Kwame,

This is one of the most powerful experiences that I have been a part of in my "well seasoned" career. It is gratifying to be a part of something so significant. It is significant for the boys as well as the adults. Rarely do you see such therapeutic, healing work occur in such a large group, and within a short period.

Terri

---

I thought that the session yesterday was so powerful and I have been thinking about the boys all day today. Here are my thoughts from yesterday:

- . I loved that Adam, who is such a sensitive soul, is so willing to open up and talk about what he is really thinking/ feeling.
  - . I liked that Adam spoke up and asked Tyrell to really explain why he was late. That was such a "big brother" type move.
  - . I thought it was powerful when Tyrell not only told us about his experience and why he was late, but he also brought up the fact that he wants the get to know everyone better. I am hoping that through some of our writing exercises, the boys will be able to open up their own wounds, and open up to each other as they share their writing.
  - . It was moving when the oldest boy (can't remember his name) let out everything that has been bothering him lately. It was so neat that everyone just listened to him explain his life. I felt that he just needed to get it all off his chest, and the group was a great place to do this. It was such a testament to Alchemy and all the hard work you have all done to help make the program a safe place for the boys to express themselves, and escape from the chaos of their lives
- 
- . I loved that the boys were so receptive to us.
  - . They worked really hard when we asked them to work on a found poem and they seemed to enjoy listening to each other's poems.
  - . I think it was powerful for the boys to go back to their journals and look at what they had written in the past. I don't think many of them have ever taken (or had) the time to actually read their past thoughts, quotes and remember the myths.
  - . I can't wait to go back and work with the boys!

Thanks for letting me be a part of your program, it is helping me grow as a whole person more than I will ever be able to help the boys.

Take care,  
Ann

---

Yes it was a very powerful session yesterday!! Thank you for letting me be a part of it.

I was so impressed with Adam (always am) and DeShawn. He had many of us in tears. I loved that Tyrell opened it up that he wants to know and be known at a deeper level. That will be amazing as it unfolds. I felt you were very attentive to the group process and what everyone needed. I love that the boys have enough trust to challenge you, as you say you are not a day at the beach and challenging you would take courage. It says so much about what you have been building over the years, I am truly honored to be witness to it.

Cynthia

---

Overwhelming in the most positive way. I am so impressed with the structure and organization of the group. However the 'thing' that struck me the most this time was the HONESTY. What a tribute to the Alchemy group/leaders/purpose! Whether it was the question about being late, or the comments from the group about their lives, they are HONEST and TRUST the group. As a teacher, I am so very impressed with the active learning that takes place.

As for our part, the found poem was amazing. I actually think we as the teaching group need to think of way to incorporate more of their past writings as well. I would also like to 'run' with the students' idea of putting a big found poem together. (An idea for the teachers to ponder.) Thank you again for this invitation. It is just incredible each time. As for the plan, sounds great to open with the writing. We were going to try to focus on the get you know you through writing.

See you all soon!

Nikki

---



I thought the session was awesome!!!!!!!!!!  
The environment exhibited comfort in allowing the boys to share and vent their frustrations. I think the group is instilling hope in the boys by recognizing that they do not have to be defined by their past and present difficulties.

Javonne

---

Hello All,

I just wanted to say that the session went very well, I was amazed at the things that the boys took out of their journals of what stood out the most to them. I felt the sharing was very heartfelt and a lot of things come out that may have been on their minds for some time. I think us starting out

the session will be a good lead way into finishing the myth. (We might need a refresher on what happen from the last session!) Thanks,

Aleesha.

---

Dear Kwame,

I felt your myth was an excellent tool to get everyone thinking. I was impressed the guys were willing to open up and let their thoughts be known. Amazing!



## ALCHEMY, INC.

P.O. Box 4041 Copley, OH 44321  
Email: [myth@alchemyinc.net](mailto:myth@alchemyinc.net)  
[www.alchemyinc.net](http://www.alchemyinc.net)

Phone: 330-665-5920 – Fax: 330-665-2978  
Website:

Contact: G. Kwame Scruggs, Ph.D.

*“Extracting the Gold Inherent in Our Youth”*